

# Assisi Pilgrimage

## Franciscan Road



"A Pilgrimage is a way of praying with your feet. You go on a pilgrimage because you know there's something missing inside your soul, and the only way you can find it is to go to sacred places, places where God made himself known to others. In sacred places, some things gets done to you that you've been unable to do for yourself."

-Ian Morgon Cron

## THE PURPOSE OF A PILGRIMAGE

A Pilgrimage is a time set aside to walk, preferably with others, symbolic of our journey alongside God, much as the two disciples walked the road to Emmaus with Christ following his resurrection. At the end of that walk, which involved conversation, questions and learning together, the three broke bread and and the disciples received a revelation about who their companion truly was. Pilgrimage sets out in anticipation of revelation and involves walking, talking and eating together.

## Assisi Pilgrimage Overview

The following is subject to change due to weather, how we are all feeling, etc. We just want to give you an idea of what our time together is going to look like. (arrive to Assisi by dinner Monday 7/15 and depart anytime Saturday 7/20)

### May 10<sup>th</sup> – Monday evening

7:00PM - Welcome! Introductions and a preview of our four day journey together.

### May 11<sup>th</sup> - Tuesday

8:30 - Breakfast together at our hotel. . . yummy! (this is included daily in room reservation)

11:00 - Session; "Francis' s Awakening and Ours"

Afternoon: An introduction to Assisi and free time

5:00 - Movie: "Brother Sun, Sister Moon" (followed by dinner out together)

### May 12<sup>th</sup> - Wednesday

9:00 - Session - "Contemplation" and walking the sites of St. Francis with practical exercises. One practice may be at the "Hermitage of the Prisons" (Carceri - Where Franciscan Friars used to lock themselves away in a series of prayers.)

Afternoon - personal time (or extended reflection at the Carceri)

6:00 – Time with a local friar plus evening Vespers with the singing friars of San Damiano  
(Vespers begins promptly at 7pm)

### May 13<sup>th</sup> - Thursday

10:00 - Session; "His crisis and Ours" ( Exploring the Shadow self, burdens and our need to "Let Go")

Afternoon - Practical application on the slopes of Mt. Subasio (Prayer, Silence and Solitude)

Evening: feedback time and food!

### May 14<sup>th</sup> - Friday

6:00 am (Ouch!) - Sunrise at Rocca Maggoire Castle overlooking Assisi and the Umbrian planes.

10:00 - Session; "His mission and Ours" (Exploring our missional purposes)

Afternoon - Visiting historic sights and shopping, free time, etc.

Evening – debriefing (free to depart on Saturday)

WE'RE GREATLY LOOKING FORWARD TO OUR TIME TOGETHER! (If you have any questions or concerns please contact us.)