



CONTEMPLATIVE SOURCED PRAYER MODEL

FRIENDSHIP TIME (CONTEMPLATIVE PRAYER)

Psalm 27:4, “One thing I ask from the Lord, this only do I seek: that I may dwell in the house of the Lord all the days of my life, to gaze on the beauty of the Lord and to seek him in his temple.”

Hebrews 12:2, “Fixing our eyes on Jesus, the pioneer and perfecter of faith.”

From hearts quietly fixed and at rest in the beauty of the Lord, we proceed in...

WORSHIP

John 4:24, “For God is Spirit, so those who worship him must worship in spirit and in truth.”

Romans 12:1, “And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him.”

INTERCESSION FOR OTHERS

1 Timothy 2:1, “I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them.”

Romans 8:26, “And the Holy Spirit helps us in our weakness. For example, we don’t know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words.”

CONFESSION AND REPENTANCE

Psalm 139:23,24, “Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.”

Psalm 51:10,17, “Create in me a clean heart, O God. Renew a loyal spirit within me. The sacrifice you desire is a broken spirit. You will not reject a broken and repentant heart, O God.”

PETITIONS AND REQUESTS

Matthew 6:11, “Give us today our daily bread.”

Philippians 4:6, “Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.”

THANKSGIVING AND WORSHIP

1 Thessalonians 5:18, “Be thankful in all circumstances, for this is God’s will for you who belong to Christ Jesus.”

Psalm 100:4, “Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name.”

EMAIL: INFO@CHRISTOURAXIOM.COM WEB: CHRISTOURAXIOM.COM MAIL: P.O BOX 9525, NEW HAVEN, CT 06534

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